

# How to Safely Wash a Cloth Face Mask

Masks should be cleaned weekly, at minimum. If you are able to clean your mask after every wearing, this will best reduce the risk of spreading any germs.

## WASHING MACHINE

- You can include your face mask with your regular laundry
- Use regular laundry detergent and the warmest appropriate water setting for the cloth used to make the face covering

## WASHING BY HAND

- Soak the face mask in a laundry detergent solution using room temperature water for 5 minutes
- Rinse thoroughly with cool or room temperature water

## DRYING WITH A DRYER

- Use the highest heat setting and leave in the dryer until completely dry

## AIR DRYING

- Lay flat and allow to completely dry. If possible, place the cloth mask in direct sunlight